

# Home Economics Subject Resources

## Food Studies

### [Bord Bia](#)

Bord Bia, the Irish Food Board, promotes and supports the national and international ambitions of Irish food, drink and horticulture businesses through its highly focused organisational structure here and around the world.. Their site is a mine of information on Irish food-related issues.

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### [National Dairy Council](#)

he NDC promotes the excellence of dairy producers and increases recognition of the high-quality standards observed by its members. There is tons of information on their site including recipes, guidelines on nutrition, economic statistics etc

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### [Teagasc: Agriculture and Food Development Authority](#)

Teagasc provides integrated research, advisory and training services for the agriculture and food industry in Ireland.

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### [Food Product Design](#)

Food Product Design is a magazine edited for those individuals who design food products for the retail and foodservice markets.

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### [Irish Universities Nutrition Alliance](#)

IUNA is made up of three academic nutrition units from UCC, University of Ulster and TCD and involve itself in a broad area of nutrition and food research.

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### [Health Promotion Unit](#)

Set up in 1988, the Health Promotion Unit is a government body responsible for policy development and public awareness of health issues.

### [SafeFood.net](#)

Your go-to site on food safety, healthy eating and also has lots of recipes

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#### [European Food Information Council](#)

EUFIC is a non-profit organisation which provides science-based information on food and food-related topics.

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#### [Excellence Ireland Quality Association](#)

EIQA operate Quality and Excellence continuous improvement programmes such as European Foundation for Quality Management (EFQM) and the Q-Mark for organisations, public and private, large and small, throughout Ireland.

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#### [NUIC: Food Communications Information Service](#)

Set up by UCC, FCIS provides information on a wide range of food topics including Diet and Health, Food Safety, Novel Food Developments and Food Law.

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#### [Irish Nutrition and Dietetic Institute](#)

The INDI is the national organisation for nutrition and dietetic professionals.

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#### [Food Safety Authority of Ireland](#)

The FSAI is a statutory, independent and science-based body, dedicated to protecting public health and consumer interests in the area of food safety and hygiene.

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#### [Diabetic Federation of Ireland](#)

Diabetes Federation of Ireland raises awareness of diabetes in the community and provides education and support for people with diabetes, their families and carers.

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#### [Food Standards Agency \(UK\)](#)

This agency is an independent Government department set up to protect the public's health and consumer interests in relation to food.

## **Recipes**

Great options at the following sites

[BBC Good Food](#)

[All Recipes](#)

[Vegetarian recipes](#)

[Epicurious](#)

## **Social Studies**

[Central Statistics Office](#)

Official web site of the Central Statistics Office of Ireland.

[Combat Poverty Agency](#)

Combat Poverty is a statutory organisation responsible for advising the Irish Government on policies to reduce poverty in Ireland.

[Department of Social and Family Affairs](#)

This is the web site of the Department of Social and Family Affairs.

## **Home Design & Management**

[Irish Council for Social Housing](#)

The ICSH seeks to encourage and assist the development of a range of social housing.

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[Scoilnet Interior Design Notes](#)

These notes from the PDST website look at elements of interior design including colours, patterns, and textures. It also looks at the principles of design including balance, emphasis, and proportion.

## **Obesity**

[A Healthy Weight for Ireland : Obesity Policy and Action Plan 2016-2025](#)

Please click above to read the Department of Health's policy on obesity.

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[American Obesity Association](#)

This is a comprehensive web portal on Obesity.

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[World Health Organisation - Obesity](#)

This site has a useful web page on Obesity.

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[National Obesity Forum](#)

This UK site was set up in May 2000 to raise awareness of the growing impact of obesity and overweight on patients and the National Health Service.

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## **Resource Management & Consumer Studies**

[MABS](#)

Then Money Advice and Budgeting Service is a national independent service for people in debt or in danger of getting into debt.

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[Consumers' Association of Ireland](#)

The Consumers' Association of Ireland is an independent, non-profit organisation working on behalf of Irish consumers.

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[Consumers International](#)

Consumers International (CI) is an independent global campaigning voice for consumers.

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[Irish Bankers Federation](#)

The IBF is a representative body for the banking and financial services sector in Ireland.

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[Office of the Director of Consumer Affairs](#)

This site has been set up to provide information which will make people more aware of their rights as consumers.

[Office of the Ombudsman](#)

The Ombudsman's office examines complaints about the administrative actions of Government Departments, the Health Service Executive, local authorities and An Post.

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### [European Consumer Centre](#)

ECC Dublin provides free and confidential information on consumer rights in the EU and assists consumers with cross-border disputes.

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- [Consumer Association of Ireland](#)
- [Money, Advice and Budgeting Services \(MABs\)](#)

#### Governance

- [Central Statistics Office](#)
- [Department of Enterprise, Trade and Employment](#)
- [Department of Social Protection](#)
- [European Consumer Centre Ireland](#)
- [The Office of the Ombudsman](#)
- [The Irish Council for Social Housing](#)

#### Nutrition and Healthy Diet

- [British Nutrition Foundation](#)
- [Diabetes Ireland](#)
- [HSE Healthy Eating Guidelines](#)
- [HSE Healthy Ireland](#)
- [Irish Nutrition and Dietetic Institute](#)
- [Irish National Food Consumption Surveys](#)

#### Sustainable Energy and Lifestyle

- [Sustainable Energy Authority of Ireland](#)

<https://linktr.ee/thehomeecroom>