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- According to the Central Statistics Office 49.5% of primary school students in 1986 got to school by self propelled methods (walking/cycling) compared to 25% in 2016.
- In 2018 there were 15,254 kilo tonnes of Co<sub>2</sub> released into the atmosphere from transport in Ireland.
- The average distance from residential dwellings to secondary schools in urban areas is 4km

• If everyone who could cycle to school, did, imagine the reduction of emissions Ireland would have.



### So why don't people cycle to school?

There are multiple reasons for this of course but here are the main ones

- The weather
- No cycle paths/ dangerous roads
- Don't know how to ride a bike or aren't confident.



#### Now some solutions

- Cycling in the rain is very possible if you have the right gear but as for strong wind and ice these are mostly unavoidable.
- Most roads in Dublin have cycle paths but many are damaged or are ignored and parked in by cars, this is a problem that severely needs to be dealt with by county councils and is happening around Ireland before our eyes.
- As for not knowing how to ride a bike or not having enough confidence, this needs to be learned by every individual, it is a life skill that everyone should have and a great way to start is to learn on quiet roads or places like UCD.

# The Benefits of people cycling



- Reduced carbon emissions and reduced use of fossil fuels.
- Help tackle Ireland's obesity problems if children were encouraged to cycle to school.
- People being physically and mentally healthier

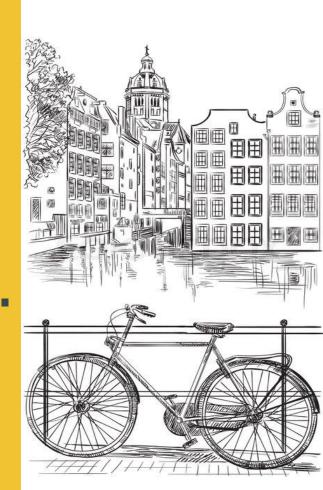
# The prompts for people to cycle



• The bike to work scheme, a tax incentive, to encourage employees to cycle to work

• New cycle paths, expanded cycle paths and barriers beside cycle paths to stop cars driving in them.

## Cycling, an easy step towards a greener future.



### Sources

The Irish times

Central Statistics Office

citizensinformtion.ie

#### Pictures

irishcycle.com

newstalk.com

behance.net

colorbox.com

dribble.com