





'Stay at Home if Unwell'

Minimise the risk of introduction of COVID-19 into the school community

It is critical that people stay at home if unwell.

Nobody should go to school if they are unwell or any members of their household are unwell with symptoms consistent with COVID-19

Know the signs



High Temperature



Shortness of Breath



Breathing Difficulties



Cough

Additional symptoms:

- Loss of/or change to Taste
- Loss of/or change to Smell

If feeling unwell while in School...

- Tell your teacher, they will look after you.
- You'll wait in a designated room to be collected.
- You will then be following medical guidelines as outlined to your parents/guardians on what happens next.



Manage the risk of spread:

1. Regular hand hygiene;

WHO video Link

- Wash your hands
- Use hand sanitizer

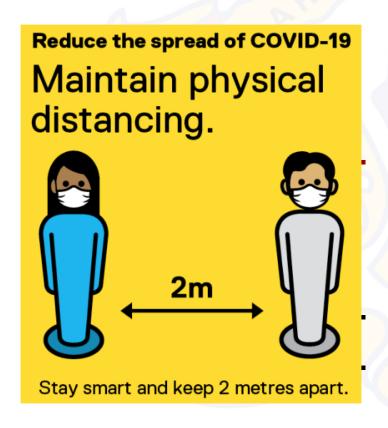


Sanitise your hands:

- 1. On entering and exiting the building
- 2. On entering and exiting every classroom
- 3. After coughing and sneezing
- 4. Before eating or drinking
- 5. After using the toilet
- 6. When your hands are physically dirty



2. Maintaining physical distancing;



Maintain distance where possible
Wear a face covering when 2m
physical distancing is not possible at all times in the school building
No handshaking or hugging
No sharing of materials/equipment

3. Application of respiratory hygiene and cough etiquette;

- Avoid touching the face, eyes, nose and mouth
- Cover coughs and sneezes with an elbow or a tissue
- Dispose of tissues in a covered bin



4. School Hygiene.

- The School building will close at 4pm sharp to facilitate a deep clean each evening.
- Anti-virus desk pads have been provided for all desks but you must continue to wipe down chair before leaving a room - Please bring a packet of wipes in your bag each day.

Help prevent coronavirus



Wash your hands



Cover mouth if coughing or sneezing



Avoid touching your face



Keep surfaces clean



Stop shaking hands and hugging



Keep a safe distance

Coming to School

What to Bring?

Each day, each student will need to bring with them:

A supply of clean face masks

Small bottle of hand sanitiser

Tissues



Clean, sealable bag for used masks

Wipes for your chair

Avoid loitering or congregating at all times, especially at breaktime, lunch and after school. **Keep moving** when on the stairs and corridors





In the morning - Doors open from 8am until 8:30am:

Classes	TY, 5B, 5G	2nd Yr, 3M, 3T	6th Yr, 5M, 5T	1st Yr, 3B, 3G
Entrance	Leeson Lane	Basement	Door at 55	Door at 53
Stairs		Main Stairs	Blue Stairs	Brown Stairs
Rooms	AH Stage, TBH1, TBH2, Gym Balcony, Basement 1, Canteen	SC1, SC2, SC3, SC4, AB1, AB2, AB3	501, 502, 503, 504, 505, 506, 507, A201, A202, A101, A102	202, 302, 401, 402, 403, 404

At the end of the day exit by....

Entrance	Leeson Lane	Basement	Door at 55	Door at 53
Stairs		Main Stairs	Blue Stairs	Brown Stairs
Rooms	AH Stage, TBH1, TBH2, Gym Balcony, Basement 1, Canteen	Lab 1, Lab 2, Lab 3, Lab 4, SC1, SC2, SC3, AB1, AB2, Art1, Art2, HE S.	501, 502, 503, 504, 505, 506, 507, A201, A202, A101, A102	101, 201, 202, 301, 302, 401, 402, 403, 404, 405, Music Rm

School Building will be closed to all students by 4pm

One way system during the day:

Main stairs - up
Brown stairs - down
Stairs in 55 - up



WRONG

Corridors and small section of main stairs at the mirror are two way, please stay to the left

Keep your distance at all times

LUNCHTIME and BREAK TIME

- Take your breaks and eat outside where possible.
- Indoors you must remain in your designated seat and remove your mask only when eating or drinking - up to a maximum time limit of ten minutes.
- Please respect the 2M distance when outside if you remove your mask.
- Please be respectful and follow the instructions of your supervisors at all times.

As before you will be assigned a seat in each class.

You must not move from your assigned seats unless specifically instructed to do so by a teacher.

Desks have been carefully measured to ensure that the recommended 1m distancing is observed. Under NO circumstances are desks to be moved from their marked position.

Remember.....

'If Unwell Stay at Home'



1.A sense of safety

- Re-establishing everyday routines
- Slow down to catch up time to settle back
- Routines
- Look after yourself

1.A sense of calm

- Becoming self aware, we all react in different ways and that's ok
- Take time to relax

- 1.A sense of belonging and connectedness to school
 - Relationships with friends and family
 - Maintain work/life balance

- 1.A sense of 'can do' working together as a community
 - Self-care, compassion and kindness to yourself and others.
 - Let's look at all that we can do right now and not focus on what is yet to return to normal.

- 1.A sense of hope
 - Creative solutions to overcome problems
 - Understanding your own needs at this time



Let's all play our part so we can enjoy being back together on the Green.

Let's ensure a robust and enjoyable learning experience for all by keeping our distance, wearing our masks, washing our hands & stay at home if unwell.