

Sports Training Schedule 2018/19

Monday:

Gym Club- 3:45-5:15pm

Senior Hockey- 4:15-5:45pm

Athletics- 4:30-5:30pm

Tuesday:

1st Year Basketball- 3:45-5:15pm

Junior Hockey- 4:15-5:45pm

Minor Hockey- 4:15-5:45pm

Wednesday:

Cadette Basketball- 1:15-2:45pm

Senior Hockey- 1:30-2:30pm

1st Year Hockey- 2:30-4:00pm

Thursday:

2nd Year Basketball- 3:45-5:15pm

Junior Hockey- 4:15-5:15pm

Friday:

Senior Basketball- 3:45-5:15pm

Minor Hockey- 4:15-5:15pm

Saturday:

Senior Basketball- 10:30-11:30am

Cadette Basketball- 11:30-12:30pm

2nd Year Basketball- 12:30-1:30pm

1st Year Basketball- 1:30-2:30pm

Lunchtime Sports (1:10-1:40pm)

Monday: Table Tennis

Tuesday: Soccer

Thursday: Gaelic & Badminton

Friday: Camogie